

# BE NOT AFRAID

## PILGRIM'S ITINERARY

Evocative Course of Second Apparition of Our Lady  
2012 | 2013

V. In the name of the Father and of the Son and of the Holy Spirit.  
R. Amen.

At this place of Cova da Iria, on May 13, 1917, three children - 7, 9 and 10 years old - received the visit of the Virgin Mary, clothed in the light of God. As She had promised, Our Lady appeared to them again the following month, on June 13, 1917, after they had just finished praying the Rosary with other people present.

**In this second apparition, Our Lady told Lucia:**

"I will never forsake you! My Immaculate Heart shall be your refuge and the way that will lead you to God."

As a pilgrim of Fatima, I am being today invited to listen to the words Our Lady addressed to Lucia on that 13th of June and to take them as addressed also to me and to my personal story ("I will never forsake you! - Our Lady told Lucia).

And to better help me to identify with this situation, the Shrine places in my hands this itinerary, which is nothing else but an invitation to build a project of life and to proceed with it until I meet the Mother of God and, through Her, God.

### **1. I WOULD LIKE TO ASK YOU TO TAKE US TO HEAVEN - WITH JESUS CHRIST, WHO WAS MADE MAN, WE LEARN THE WAY TO HEAVEN.**

Next to the Nativity Scene (in Prayer Area or Esplanade)

Here before the Nativity Scene, I think how the life of each one of us is made up of many different experiences. Some will bring you interior peace, others bring with them anxiety or even fear. However, when Jesus is made Man, a light of hope goes on. Why does fear enter into our lives?

### **With my eyes fixed on the Tall Cross (at the top of the Prayer Area) and while walking towards the Chapel of the Blessed Sacrament, I pray and meditate on the Beatitudes (Mt 5,1-20):**

How blest are the poor in spirit; the reign of God is theirs.  
Blest too are the sorrowing; they shall be consoled.  
Blest are they who hunger and thirst for justice; they shall have their fill.  
Blest are they who show mercy; mercy shall be theirs.  
Blest are the single-hearted, for they shall see God.  
Blest too the peacemakers; they shall be called children of God.

### **2. AM I TO STAY HERE ALONE? TO BE WITH THE HIDDEN JESUS IN THE BLESSED SACRAMENT.**

In the Chapel of the Blessed Sacrament (underground floor of the Complex of the Basilica of Most Holy Trinity)

Our first vocation is happiness. But, between what we are and what we want to arrive at, fear crosses our path.

### **Now I read and meditate on the Gospel of St. Luke (18,35-43):**

One day, as Jesus drew near Jericho,  
a blind man sat at the side of the road begging (...).  
Jesus (...) asked him: What do you want Me to do for you?  
Lord - he answered - I want to see.  
Jesus said to him: Receive your sight; your faith has healed you.

### **After having read and meditated on the Gospel, I try to name my fears.**

"What do you want Me to do for you?"

That is what Jesus asked that blind man. The blind man asked to see. And we, what do we ask for?! I may think of several aspects: personal life (which I alone know)...; family...; everyday life, with friends, at work, in society...; projects...; life of the Church and that of my community...; prayer...; capacity to trust...; what do I fear? What scares me most and gets me discouraged?

If I feel like asking for God's pardon in the Confessional, I go to the Reconciliation Chapel. Afterwards, I cross the Prayer Area towards the Little Chapel of Apparitions. During this walk, I can bring to mind the story of the Little Shepherds: "I like God so much!", Francisco used to say.

### **3. BE NOT AFRAID! DON'T LOSE HEART! I WILL NEVER FORSAKE YOU. MY IMMACULATE HEART SHALL BE YOUR REFUGE.**

In the Little Chapel of Apparitions, in the place for the faithful

I am in the place where, on June 13, 1917, the Little Shepherds of Fatima saw Our Lady. I am going to enjoy recalling, through the words of Sister Lucia, that luminous experience.

### **From the Fourth Memoir of Sister Lucia:**

After having prayed the Rosary with Jacinta and Francisco and a number of other people who were present (...) Our Lady appeared on the holmoak. What do You want of me? - I asked.

I wish you to come here on the 13th of next month, to pray the Rosary every day and to learn to read. Later, I will tell you what I want. (...)

I would like to ask You to take us to Heaven - Lucia said.  
Yes. I will take Jacinta and Francisco soon. But you are to stay here some time longer. Jesus wishes to make use of you to make Me known and loved. He wants to establish in the world devotion to My Immaculate Heart.

Am I to stay here alone? - I asked, sadly.

No, My daughter. Are you suffering a great deal? Don't lose heart! I will never forsake you. My Immaculate Heart shall be your refuge and the way that will lead you to God.

**I fix my eyes on the Statue of Our Lady that we venerate in the Little Chapel and meditate on the words of Sister Lucia which I have just read. In silence, this is my opportunity to make some commitments, which I write down on this leaflet and engrave in my heart.**

### **Afterwards, I consecrate myself to my Heavenly Mother:**

O My Lady, Mother of mine,  
I offer my entire self to You  
and, as proof of my devotion to You,  
I consecrate to You, on this day and forever,  
my eyes, my ears,  
my mouth, my heart and my entire being.  
And because I thus am all Yours,  
oh incomparable Mother,  
Please remember that I belong to You, tender Mother, Our Lady.  
Ah, please guard and defend me as a thing of Yours.

### **At the end of this itinerary, I pray:**

Glory be to the Father and to the Son and to the Holy Spirit!  
As it was in the beginning, is now and ever shall be.

Amen.

**I make the sign of the Cross on myself and go in peace.**

